

First Presbyterian Church Marriage Retreat

We are so excited to offer a retreat focused on building strong relationships based on John Gottman's *Seven Principles for Making Marriage Work*. People travel all over the country for these seminars and we get to offer one right here in Grand Haven!



The *Seven Principles Workshop* for couples is a two-day marriage workshop based on the internationally acclaimed research of Dr. John Gottman. This educational workshop has strengthened the relationships of tens of thousands of couples. It's specifically designed to help couples improve their friendship and learn powerful communication and conflict management skills. We are offering this workshop in a beautiful retreat setting.

When: February 22-24th 2019

Friday check in 7 pm , we will end Sunday by 11am

Where: Maranatha Conference Center, Norton Shores

The retreat will provide a safe space for couples to explore new concepts for enhancing their relationships. The program includes lectures and private couple exercises. Participants will not be required to share their personal problems in front of others.

About our Facilitator: Kristin Kuiper, MSW, LMSW

Kristin is West Michigan's only Certified Gottman Method Couples Therapist. She has completed this training at [The Gottman Relationship Institute](#) in Seattle, Washington. With over fifteen years of experience in clinical social work settings, Kristin now works exclusively with individuals and couples in her private practice serving the greater Grand Rapids, Michigan area.

Fees & Registration:

- Space is limited to 20 couples
- Early Registration (before Jan 15) \$130 per couple
- After Jan 15th – \$170 per couple
- Registration ends Feb 15th
- Register Online or pick up a registration form in the church office
- Questions email jillv@fpg.org

Seven Principles Workshop for Couples Registration Form

Names of participants (with email and cell phone):

Special food needs or allergies (list):

Any other special needs or considerations?

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Please bring/mail this form with payment to the church office to reserve your spot (First Presbyterian Church, 508 Franklin Avenue, Grand Haven, MI 49417.

the Seven
Principles *for* Making
Marriage *Work*

Marriage Retreat

FEBRUARY 22-24, 2019
MARANATHA CONFERENCE CENTER
NORTON SHORES, MI



FIRST PRESBYTERIAN CHURCH

508 Franklin Avenue, Grand Haven, Michigan, 49417
616.842.6760 www.fpgh.org